



An Intimate Conversation You Can Have with Jesus

Speak to Me, My precious one . . .

Tell Me about those who are closest to you, the sorrows they cause you, and your fears for them. How would you like Me to help them? And what about the people who have alienated themselves from you? Tell Me how they have hurt you.



Tell Me you forgive them, so that I may heal your pain. Ask for wisdom and understanding in dealing with difficult people—the family member, the neighbor, the co-worker—and I will be generous in giving you insights.

Tell Me about the sick people you know, those who are suffering from physical ills. Tell Me about those who are suffering from mental anguish. Tell Me about the sinners you would like to see converted. I care about them even more than you do.

Speak now of yourself, my wonderful friend...

What are the needs of your soul? Write a list—a long list—of all of your desires. No, this is not being self-centered or selfish, for I have asked you to unburden everything upon Me. Write this list, and then come and read it to Me. Let us speak of how your desires will glorify My Father, and I will hold the list close to My heart.

What are the concerns you have about yourself? In just a few words, tell Me how self-indulgent you sometimes get, how proud, how arrogant, how rude. Tell Me how overly emotional you sometimes feel, how frustrated, how touchy, how impatient. What else don't you like about yourself?

I already know these things, and yet I love you no less for them. Ask Me to help you improve, and I will gently work to transform you.

There is nothing good that I would not give you. Our Father created the universe and all that is in it. Everything is at My disposal to do as I desire, and I desire to give good gifts to you. Tell Me what you want.

You have no idea how much I long to give you what is good! Much more is available to you than what you have.

Tell Me about your plans...

What goals have you set? What goals would you like to set? What would you like to do with your time? Tell Me about your job, your hobbies, your leisure activities, your visits with family and friends. How would you like Me to help you? I died for you; certainly I will help you in all other ways, too.

With what special graces do you want Me to favor you? About which situations would you like Me to give you insights? Which gifts of My Spirit do you need to live a more successful Christian life? Ask Me for these, because I long to share them with you—and to share them abundantly.

Tell Me which problems you want Me to help you resolve, which ones you want Me to help you get through as you wait for the resolution. Ask Me to help you increase your trust in our Father's plans for these problems. He loves you, I love you, My Holy Spirit loves you, and we, as One, desire what's best for you.

Your tears have touched Me. Tell Me what makes you cry. Lean into My shoulder and let your tears flow. I will absorb your pain, and your tears will be-

come as drops in the ocean. Tell Me how much you need Me to relieve your pain. I already bore your pain on My cross; let Me heal you now.

What about the joys in your life?

Tell Me what has made you happy, what has consoled you, what has helped you. I want to thank our Father for these joys. What unexpected gift has delighted you? What fear has been dispelled? Name the good that has happened to you, and we will rejoice together.

What about the love I've given you through your parents, through your spouse, through your friends? What about the gifts of your children, your grandchildren? What about the food on your table, the roof over your head, the money in your bank account? What about the funny incidents that caused you to laugh? I laughed with you. We rejoice together over all of this.

Finally, My precious friend, I long to hear your promises.

Do you desire to overcome the sins in your life? Are you willing to surrender your love of worldly treasures in order to put all of your focus on Me?

Do you promise to put aside the television shows, the books, the magazines, the videos, and the music that contain ideas and images that are not pure, not holy, not lovely, not loving, not beneficial to your relationship with Me?

Are you willing to withdraw from friendships that consistently pull you down or damage you spiritually? And are you willing to reconcile with people to whom our Father once joined you but from whom you've been divided?

I will take your promises, secure them with My Love, and intercede to our Father for the graces you need to fulfill them. My Spirit will empower you, and together—always together—we will watch your life become transformed. You are becoming a gift for the kingdom of heaven, more beautiful than you already are!

Now let Me fill you...

I fill you with My Love. I fill you with My forgiveness. I fill you with My generosity. I fill you with My gifts. I fill you with My strength.

I touch your eyes. See yourself as you really are—as I see you. See Myself in the people around you. See the needs in the people whom I call you to serve.

I touch your ears. Hear My voice. Hear My expressions of love and gratitude for the person you are and the things you do to please Me. Hear the pleas of the people whom I call you to serve.

I touch your mouth. Speak My words. Hold back all that is unloving, unkind, unholy. Proclaim the kingdom of God in the way that I call you to serve.

I touch your heart. Your stony heart is replaced by My sacred and pure heart. I heal the pain from old and new wounds, and I give you the pain that I feel in My heart, caused by the sins and wounds of others, and through this I call you to love the sinners unconditionally.

I touch your hands. Reach out and heal others with Me. Give to them My embrace. Stroke their shoulders to give them My encouragement, and pat their backs to give them My affirmation.

I touch your feet. Go wherever our Father sends you. I will be with You always. I walk with you. My Spirit guides you, keeping you on the right path. Be assured, you will not make lasting mistakes, you will not stray for long, for I am walking with you. I have everything in My control. Fear nothing, My wonderful, dear, dear friend. Fear nothing, for My love for you is all consuming, and always victorious.

I LOVE YOU!

~ Your Friend Jesus